

MENU – SPRING TERM 2019

	Monday		Tuesday		Wednesday		Thursday		Friday	
Week 1: 1 st Jan 28 th Jan 25 th Feb 25 th Mar	LUNCH Fish Goujons, Chips & Beans Melon Slices	TEA Toast & Jam with Grapes & Raisins	LUNCH Spinach, Sweet Potato & Lentil Dhal & Rice Ice Cream & Wafer	TEA Cheese Parcels & Cucumber Wedges	LUNCH Roast Chicken, Roast Potatoes, Vegetables & Gravy Berry Crumble & Custard	TEA Spaghetti Hoops & Toast with Apple Slices	LUNCH Pasta & Turkey Meatballs in Tomato & Herb Sauce Angel Whip	TEA Sandwich Selection with Cucumber & Carrot Sticks	LUNCH Jacket Potato Cheese & Beans Artic Roll	TEA Pitta Bread, with Dips & Cheese Chunks
Week 2: 7 th Jan 4 th Feb 4 th Mar	LUNCH Macaroni Cheese & Peas Apple Crumble & Custard	TEA Fish Finger Wraps with Carrot & Cucumber Sticks	LUNCH Sausages, Mash & Green Beans Apple Sponge & Cream	TEA Eggy Bread with Baby Tomatoes & Cucumber Sticks	LUNCH Roast Chicken, Roast Potatoes, Vegetables & Gravy Eton Mess	TEA Beans on Toast	LUNCH Fish Pie & Peas Shortbread	TEA Penne Pasta in Tomato & Basil Sauce with Cucumber Sticks	LUNCH Margarita Pizza with Veg Sticks Yoghurt	TEA Cheesy Mash & Baked Beans
Week 3: 14 th Jan 11 th Feb 11 th Mar	LUNCH Sausage & Bean Casserole, New Potatoes & Peas Jam Sponge & Cream	TEA Chicken & Veggie Nuggets with Veg Sticks	LUNCH Spaghetti Bolognese & Peas Ice Cream & Wafer	TEA Sandwiches with Grated Carrot & Savoury Bites	LUNCH Roast Chicken, Roast Potatoes, Vegetables & Gravy Yoghurt & Fruit Slices	TEA Sausage Rolls & Spaghetti Hoops	LUNCH Salmon & Parmesan Fishcakes, Cubed Potatoes & Veg Chocolate Brownie	TEA Jacket Potato with Cream Cheese & Chives	LUNCH Chicken, Pepper & Corn Stir Fry & Rice Artic Roll	TEA Cheese on Toast & Apple Slices
Week 4: 21 st Jan 18 th Feb 18 th Mar	LUNCH Sweet Chili Linguine with Salmon & Peas Angel Whip	TEA Marmite or Tomato & Cheese Pin Wheels with Grapes & Strawberries	LUNCH Cottage Pie & Carrots Fruit Muffin	TEA Pizza Slices & Melon	LUNCH Roast Chicken, Roast Potatoes, Vegetables & Gravy Yoghurt & Fruit	TEA Cheese & Tom Pasta & Satsuma Segments	LUNCH Sausage, Mash & Beans Jam Sponge & Custard	TEA Selection of Sandwiches with Veg Sticks	LUNCH Moroccan Chicken, Rice & Peas Yoghurt	TEA Crumpets & Cheese Cucumber & Peppers

PLEASE NOTE THAT ALL DIETARY REQUIREMENTS YOU HAVE TOLD US ABOUT WILL BE ADHERED TO.
A QUORN OR VEGETABLE ALTERNATIVE WILL BE OFFERED TO OUR VEGETARIANS INSTEAD OF THE MEAT OPTION